

MILAN
Quark Hotel Milano October 3rd-5th
2025

XXXVII CONGRESSO NAZIONALE

SIAAIC

Società Italiana di Allergologia, Asma ed Immunologia Clinica

Shape the Future Across All Ages

Congress Presidents: V. Patella (Salerno), M. Morais-Almeida (Lisbon-Portugal)

Friday

3rd October 2025

**CME
COURSE**

SPECIALIST OUTPATIENT NURSING

Chairs: Mariaelisabetta Conte (Pordenone), Paola Parronchi (Firenze)



09.00-11.00

**Parallel Room 2
Cenacolo Vinciano**



meets



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The specialist clinic for allergy-immunology, immunodermatology and pulmonology is an extremely specific clinical field in which diagnostic skills and procedures must inevitably follow international guidelines and detailed protocols that are shared as widely as possible. This approach ensures the highest possible reliability and reproducibility of the results obtained, in order to provide patients who attend these clinics with an objective diagnostic outcome that is comparable between the various specialist centres nationwide. In this context, it is therefore essential that all key players, doctors and specialist nurses, acquire precise skills relating to the various diagnostic procedures.

Specialised allergy-immunological, immuno-dermatological and pneumological diagnostics are carried out using extremely diverse methods that require in-depth knowledge of allergic and immunological mechanisms and respiratory pathophysiology.

Specifically, the aim of this course is to acquire skills in standardised procedures for performing the following diagnostic methods:

- > Indications and contraindications for performing patch tests
- > Preparing patients for skin biopsies
- > Indications and performance of respiratory function tests (spirometry and FeNO measurement)
- > Indications and contraindications for performing drug tests, with particular attention to the management of oral tolerance/provocation tests and skin and intradermal tests

In order to ensure a more comprehensive acquisition of skills, the course will conclude with a practical session on performing allergy prick tests and respiratory function tests.

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1 THE IMMUNODERMATOLOGY OUTPATIENT CLINIC

Chair: Elisabetta Di Leo (Bari)

- 09.00 **Patch test**
Mariaelisabetta Conte (Pordenone)
- 09.10 **Patient preparation for invasive tests
(skin biopsy)**
Rosa Cetrulo (Salerno)
- 09.20 **Discussion**

2 THE PULMONOLOGY OUTPATIENT CLINIC

Chair: Lorenzo Cosmi (Firenze)

- 09.30 **Respiratory function test: spirometry**
Maria Fiorillo (Salerno)
- 09.40 **Respiratory function test: FeNO**
Vincenzo Russo (Napoli)
- 09.50 **Discussion**

3 THE ALLERGOLOGY OUTPATIENT CLINIC

Chair: Laura Losappio (Bari)

- 10.00 **Drug allergy test**
Luisa Ricciardi (Messina)
- 10.10 **Procedures for performing drug tests**
Laura Polesel (Pordenone)
- 10.20 **Discussion**

4 PRACTICAL SESSION

Chair: Giovanni Florio (Salerno)

- 10.30 **Prick test**
Margherita Perlato (Firenze)
- 10.45 **Respiratory function test**
Manlio Milanese (Savona)

CME COURSE

DATE

Friday, 3rd October 2025

VENUE

Parallel Room 2 - **Cenacolo Vinciano**

Hotel Quark Milano

Via Lampedusa, 11A
20141 MILANO

SPECIALIST OUTPATIENT NURSING

HOW TO PARTICIPATE

Registration is free

Scan the QR code with your smartphone

or click on the following link:

<https://infomed-ecm.it/event/1117/showCard>

CME Questionnaire

At the end of the meeting, participants will be required to take a multiple-choice assessment test and complete the Perceived Quality Form via the platform:

<https://infomed-ecm.it/event/1117/showCard>

> Maximum number of attempts available: 1

> Passing threshold: 75% of correct answers

The Assessment Test and Perceived Quality Form must be completed by midnight on **6th October 2025**.

Scan the QR Code
for a quick link



CME ID: 275-461013

CME credits: 2

Accredited category:

PROFESSION:

> **Nurse** (Nurse)

> **Medical Surgeon**

DISCIPLINES FOR MEDICAL SURGEONS:

Allergology and Clinical Immunology,
Dermatology and Venereology, Respiratory Diseases,
General Medicine (Family Doctors),
Paediatrics, Paediatrics (Paediatricians of choice)

Number of participants: 100

Training objective: 3 - Clinical documentation.
Clinical-care pathways for diagnosis and
rehabilitation, care profiles -treatment profiles.

CME-accredited training duration: 2 hours

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Provider ECM (n. 275)

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